



**LAKE FOREST HIGH SCHOOL
FALL ACCOLADES
2008-09**

GIRLS

Cross Country

Lake County Invite – 2nd
Regionals – 4th pl

Golf

Conference – 2nd pl
Regionals – 2nd pl

Field Hockey

Regionals – 1st pl
Sectionals – 1st pl
State Champions

Swimming & Diving

Conference – 2nd pl

State Meet

Rachel Stoehr – 17th -200 Free
Rachel Stoehr – 16th -500 Free
Mika Hlavin – 27th -200 IM
Mika Hlavin – 28th -100 Fly
16th – 200 Free Relay
Hlavin, Carani, Hoelterhoff & Stoehr
17th – 400 Free Relay
Hlavin, Carani, Hoelterhoff & Stoehr

Alternates:

L. Campbell, Durot, L & D Wang

Tennis

Conference Champions
Sectional Champions
State – 3rd pl
State – 2nd pl Doubles Team
Kathleen Saltarelli
Nicole Lipp

Volleyball

5th Pl. LF Invite

BOYS

Cross Country

Lake County Invite – 1st
Regionals – 2nd pl
Sectionals – 5th pl
State – 17th pl

Football

1st Round Playoff/ 3rd consecutive yr.

Golf

Conference Champions
Regional Champions
Sectional Champions
State – 4th pl
State - Casey Burke – 10th pl

Soccer

Regionals 1st game:
Beat Prospect